

TECTONIC HEALTH

Tectonic Health is a mobile direct primary care benefit that brings the clinic to you through house calls and pop-up clinics. Our services also include medications, mobile imaging, basic labs, and digital physical therapy.

Direct Primary Care Can Save You Millions!

Case Study

Union County, NC adopted Direct Primary Care (DPC) and saw immediate savings and improved engagement of its workforce.

Where: **Union County, NC**

Employees: 1000

Results:

\$1.2 Million in healthcare and prescription claims savings

- 54% Reduction in emergency department claims
- 25% Fewer hospital admissions
- 13% Reduction in total cost of claims
- 20-30% savings for employees with HDHP plans
- 28% savings for employees with 1+ chronic condition
- 3:1 Self-reported improvement in health

Direct primary care. John Locke Foundation. (2017, March 22). Retrieved February 23, 2023, from <https://www.johnlocke.org/research/direct-primary-care/>

Mechley, A. R. (2021). Direct primary care: A successful financial model for the clinical practice of Lifestyle Medicine. *American Journal of Lifestyle Medicine*, 15(5), 557–562. <https://doi.org/10.1177/15598276211006624>

info@tectonic.health
<https://tectonic.health>